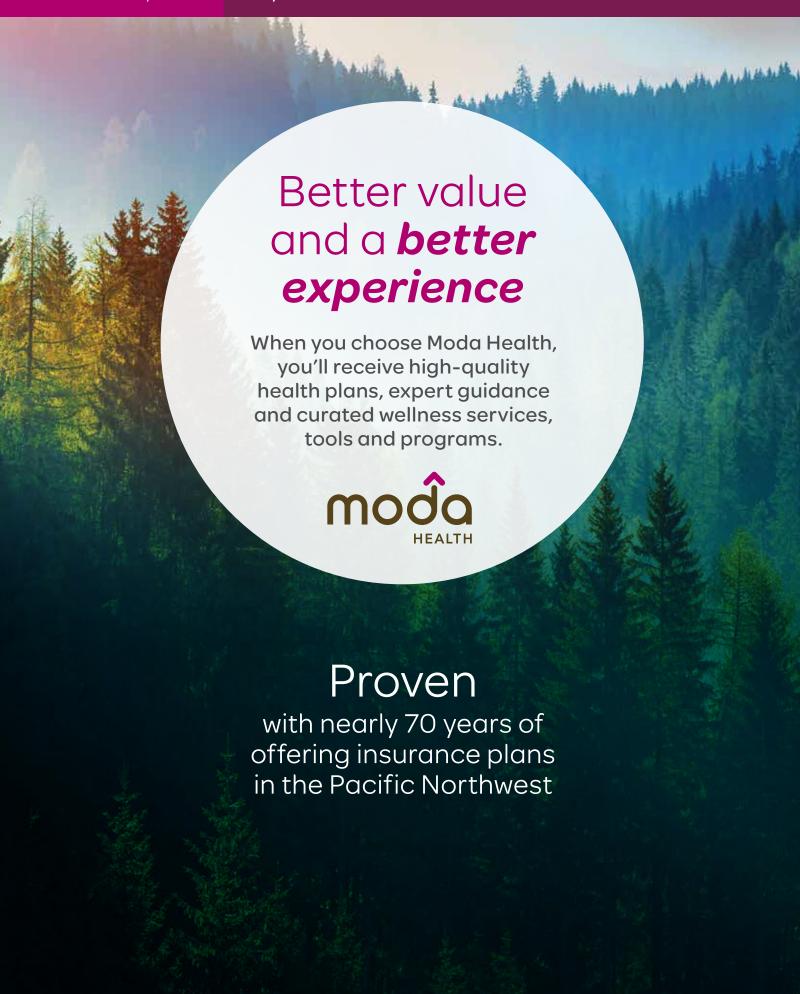


Choose a better experience with your *health insurance*

moda

Moda Select individual and family

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Preventive care

Preventive exams, women's annual exams, well-baby care and many immunizations and screenings, so you can stay healthy



Prescription benefits

Comprehensive prescription drug coverage and an online approved drug list tool modahealth.com/pdl, so you can confirm what's covered



24/7 doctor access

CirrusMD app, so you can connect to a doctor in under a minute, anytime, anywhere, at no cost



Choose a better experience.
Enroll today at modahealth.com/shop

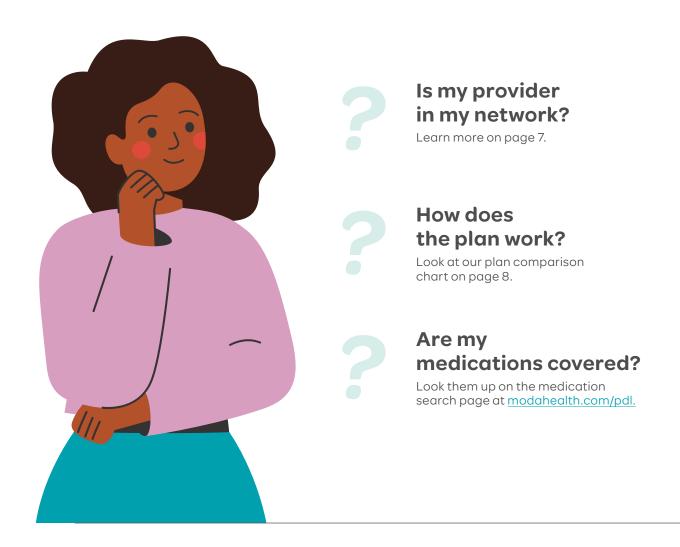
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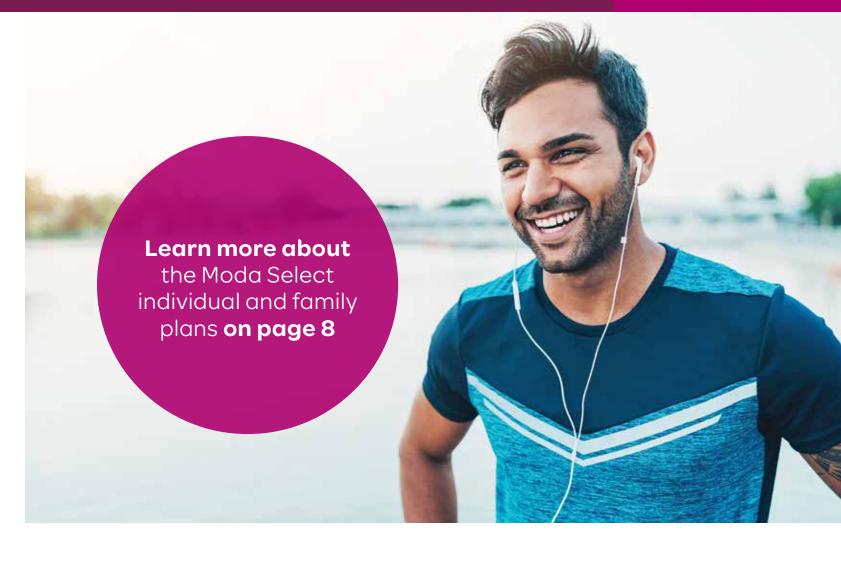
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Make a better choice

Insurance can be confusing. We want to make the experience better for you by helping you understand your choices.

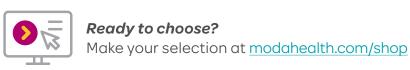
When selecting your plan, you want to know:





Which plan is right for you?

	Gold	Silver	Bronze
Monthly premium	\$\$\$	\$\$	\$
Out-of-pocket costs	\$	\$\$	\$\$\$
Great if you	use a lot of healthcare		use a little healthcare





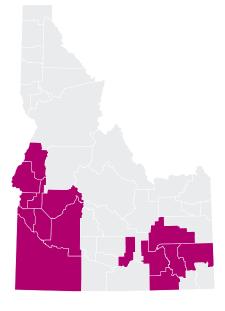
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The **Moda Select** Network

We've carefully selected a community of primary care providers (PCPs), specialists and partner health systems, so you'll have better value and better care.





Ada Gem Adams Minidoka Oneida Bannock Owyhee Bingham Boise Payette Canyon Power Caribou Washington Elmore



While traveling outside of the service area, members can receive emergency or urgent care through the First Health Network.

*Out-of-network service is covered for medical emergency services, retail pharmacy services, and services at an in-network facility when you cannot choose an in-network provider.

Health partners in your area

Treasure Valley

SAINT ALPHONSUS
HEALTH ALLIANCE

South Central Idaho



Southeast Idaho



Not all providers at these locations are in-network.



See if your doctor is in network at modahealth.com/modaselect. modahealth.com/idaho Experience better with Moda Health modahealth.com/idaho

2023 **Moda Select** medical plans

	Gold plans		Silver plans		Bronze plans	
	Moda Select Gold 1000 Separate Rx + Vision Exam	Moda Select Gold 2200 + Vision Exam	Moda Select Silver 3000 Separate Rx + Vision Exam	Moda Select Silver 6400 + Vision Exam	Moda Select Bronze 8900 + Vision Exam	Moda Select Bronze HSA 6900
	In-network members pay		In-network members pay		In-network members pay	
Calendar year costs						
Deductible per person	\$1,000	\$2,200	\$3,000	\$6,400	\$8,900	\$6,900
Deductible per family	\$2,000	\$4,400	\$6,000	\$12,800	\$17,800	\$13,800
Pharmacy deductible per person	\$500	No separate drug deductible	\$1,500	No separate drug deductible	No separate drug deductible	No separate drug deductible
Pharmacy deductible per family	\$1,000	No separate drug deductible	\$3,000	No separate drug deductible	No separate drug deductible	No separate drug deductible
Out-of-pocket max per person	\$8,000	\$7,600	\$8,250	\$7,350	\$8,900	\$6,900
Out-of-pocket max per family	\$16,000	\$15,200	\$16,500	\$14,700	\$17,800	\$13,800
Care & services						
Primary care provider (PCP) office visit	\$15 / visit	\$20 / visit	\$25 / visit	\$25 / visit	\$45 / visit	0% after deductible
Specialist office visit	\$30 / visit	\$40 / visit	\$70 / visit	\$70 / visit	\$90 / visit	0% after deductible
Urgent care visit	\$30 / visit	\$40 / visit	\$70 / visit	\$70 / visit	\$90 / visit	0% after deductible
Virtual care visit	\$5 / visit	\$10 / visit	\$15 / visit	\$15 / visit	\$35 / visit	0% after deductible
Emergency room visit	15% after deductible	20% after deductible	35% after deductible	35% after deductible	0% after deductible	0% after deductible
Spinal manipulation	\$30 / visit	\$40 / visit	\$70 / visit	\$70 / visit	\$90 / visit	0% after deductible
Mental health and substance use disorder office visit	\$15 / visit	\$20 / visit	\$25 / visit	\$25 / visit	\$45 / visit	0% after deductible
Outpatient rehabilitation	\$30 / visit	\$40 / visit	\$70 / visit	\$70 / visit	0% after deductible	0% after deductible
Inpatient/outpatient care	15% after deductible	20% after deductible	35% after deductible	35% after deductible	0% after deductible	0% after deductible
Prescription medications ¹						
Value	\$2	\$2	\$2	\$2	\$2	0%
Select	\$10	\$5	\$20	\$20	\$20	0% after deductible
Preferred	30% after deductible	30%	40% after deductible	40%	0% after deductible	0% after deductible
Non-preferred	50% after deductible	50%	50% after deductible	50% after deductible	0% after deductible	0% after deductible
Preferred specialty	30% after deductible	30%	40% after deductible	40%	0% after deductible	0% after deductible
Non-preferred specialty	50% after deductible	50%	50% after deductible	50% after deductible	0% after deductible	0% after deductible
Features						
Plan highlights	RXO PT	20	RXO PT	20	20	PT #

¹ Copay amounts are per 30-day supply.

These benefits and Moda Health policies are subject to change in order to be compliant with state and federal guidelines. This placemat provides summaries of various health plans and is not a contract. If there is any discrepancy between the summaries and the contract, it is the contract that will control.

This plan comparison guide shows in-network benefits only.

Out-of-network benefits are available, use the QR code below to view detailed summaries of these plans and their out-of-network benefits.



Plan highlights



Our health savings account (HSA)-compatible, high-deductible health plan Bronze HSA 6900 gives you flexibility and choice. You have the freedom to choose any financial institution for your HSA. You can use HSA tax-free dollars to pay for deductibles, coinsurance and other qualified expenses not covered by your health plan.



This plan has a separate Pharmacy deductible



Unlimited mental health and substance use disorder in-person office visits



Up to 20 outpatient rehabilitation and 20 habilitation visits in a calendar year



You can get up to 18 spinal manipulation visits in a calendar year

9



No referrals for specialists

3

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Member perks to reach your health goals

Save money as you work toward better health with exclusive discounts, programs and tools for members.







Tools

Health assessments

Prescription price check



Discounts

Gym memberships

Acupuncture, chiropractic, therapeutic massage (once alternative care benefit limit has been reached)

> Popular health and fitness brands (like Vitamix® and Garmin®)



Coaching and care

Health coaching

Care coordination

Tobacco cessation

Mobile therapy

Emergency medical assistance when traveling



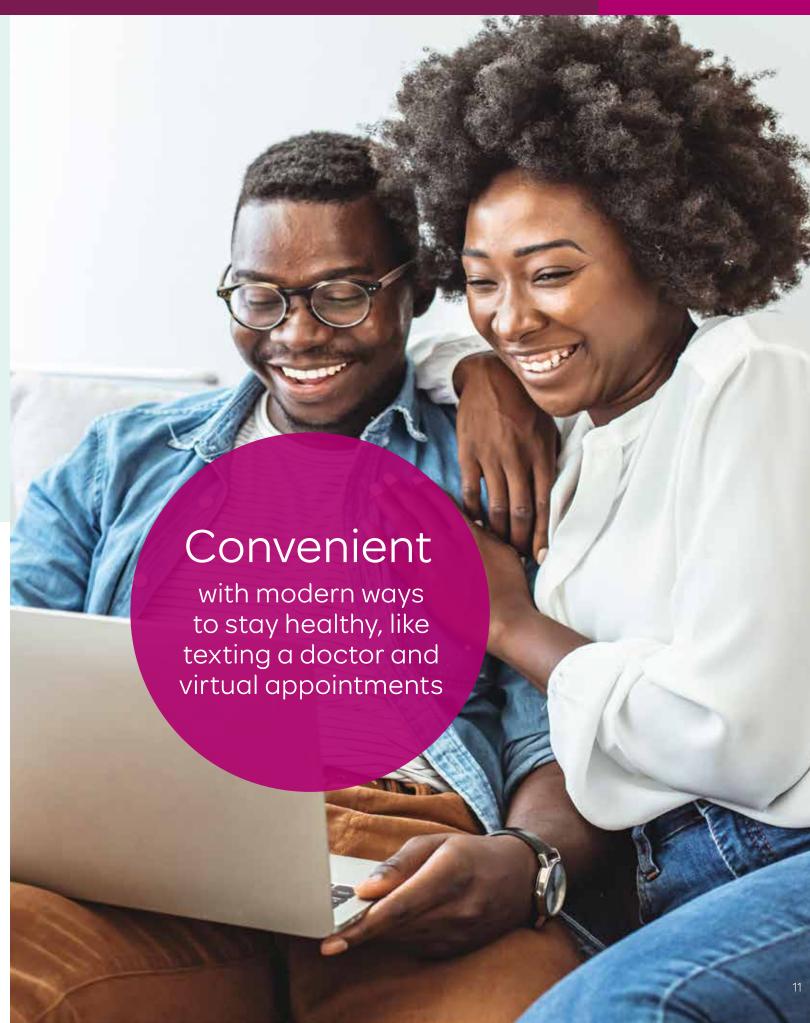
Mental health support

12 weeks of mobile therapy from a private therapist through your smartphone



Choose a better experience.

Enroll today at modahealth.com/shop



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12 ID IND Brochure 2023

Nondiscrimination notice

We follow federal civil rights laws. We do not discriminate based on race, color, national origin, age, disability, religion, gender identity, sex or sexual orientation.

We provide free services to people with disabilities so that they can communicate with us. These include sign language interpreters and other forms of communication.

If your first language is not English, we will give you free interpretation services and/or materials in other languages.

If you need any of the above, call Customer Service at:

844-931-1775 (TDD/TTY 711)

If you think we did not offer these services or discriminated, you can file a written complaint. Please mail or fax it to:

Moda Partners, Inc. Attention: Appeal Unit 601 SW Second Ave. Portland, OR 97204 Fax: 503-412-4003

Dave Nesseler-Cass coordinates our nondiscrimination work:

Dave Nesseler-Cass, Chief Compliance Officer 601 SW Second Ave. Portland, OR 97204 855-232-9111 compliance@modahealth.com

If you need help filing a complaint, please call Customer Service.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services Office for Civil Rights at ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone:

U.S. Department of Health and Human Services 200 Independence Ave. SW, Room 509F HHH Building, Washington, DC 20201 800-368-1019, 800-537-7697 (TDD)

You can get Office for Civil Rights complaint forms at hhs.gov/ocr/office/file/index.html.

ATENCIÓN: Si habla español, hay disponibles servicios de ayuda con el idioma sin costo alguno para usted. Llame al 1-877-605-3229 (TTY: 711).

CHÚ Ý: Nếu bạn nói tiếng Việt, có dịch vụ hổ trợ ngôn ngữ miễn phí cho bạn. Gọi 1-877-605-3229 (TTY:711)

注意:如果您說中文,可得到免費語言幫助服務。 請致電1-877-605-3229(聾啞人專用:711)

주의: 한국어로 무료 언어 지원 서비스를 이용하시려면 다음 연락처로 연락해주시기 바랍니다. 전화 1-877-605-3229 (TTY: 711)

PAUNAWA: Kung nagsasalita ka ng Tagalog, ang mga serbisyong tulong sa wika, ay walang bayad, at magagamit mo. Tumawag sa numerong 1-877-605-3229 (TTY: 711)

تنبيه: إذا كنت تتحدث العربية، فهناك خدمات مساعدة لغوية متاحة لك مجانًا. اتصل برقم 212-605-711 (الهاتف النصي: 711)

اردو (URDU) توجب دین: اگر آپ اردو (URDU) توجب دین: اگر آپ اردو اعتات آپ کے لیے بلا معاوضہ دستیاب ہے۔ 2 کال کریں (TTY: 711) (TTY: 711)

ВНИМАНИЕ! Если Вы говорите по-русски, воспользуйтесь бесплатной языковой поддержкой. Позвоните по тел. 1-877-605-3229 (текстовый телефон: 711).

ATTENTION: si vous êtes locuteurs francophones, le service d'assistance linguistique gratuit est disponible. Appelez au 1-877-605-3229 (TTY: 711)

توجه: در صورتی که به فارسی صحبت می کنید، خدمات ترجمه به صورت رایگان برای شما موجود است. با TTY: 711) تماس بگیرید.

ध्यान दें: यदि आप हिंदी बोलते हैं, तो आपको भाषाई सहायता बिना कोई पैसा दिए उपलब्ध है। 1-877-605-3229 पर कॉल करें (TTY: 711)

Achtung: Falls Sie Deutsch sprechen, stehen Ihnen kostenlos Sprachassistenzdienste zur Verfügung. Rufen sie 1-877-605-3229 (TTY: 711)

注意:日本語をご希望の方には、日本語 サービスを無料で提供しております。 1-877-605-3229 (TYY、テレタイプライター をご利用の方は711)までお電話ください。

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અગત્યનું: જો તમે (ભાષાં તર કરેલ ભાષા અહીં દશાર્વો) બોલો છો તો તે ભાષામાં તમારે માટે વિના મૂલ્યે સહાય ઉપલબ્ધ છે.1-877-605-3229 (TTY: 711) પર કૉલ કરો

ໂປດຊາບ: ຖ້າທ່ານເວົ້າພາສາລາວ, ການຊ່ວ ຍເຫຼືອດ້ານພາສາແມ່ນມີໃຫ້ທ່ານໂດຍບໍ່ເສັຍ ຄ່າ. ໂທ 1-877-605-3229 (TTY: 711)

УВАГА! Якщо ви говорите українською, для вас доступні безкоштовні консультації рідною мовою. Зателефонуйте 1-877-605-3229 (ТТҮ: 711)

ATENŢIE: Dacă vorbiţi limba română, vă punem la dispoziţie serviciul de asistenţă lingvistică în mod gratuit. Sunaţi la 1-877-605-3229 (TTY 711)

THOV CEEB TOOM: Yog hais tias koj hais lus Hmoob, muaj cov kev pab cuam txhais lus, pub dawb rau koj. Hu rau 1-877-605-3229 (TTY: 711)

ត្រវចងចាំ៖ បើអ្នកនិយាយភាសាខ្មែរ ហើយត្រវ ការសេវាកម្មជំនួយផ្នែកភាសាដោយឥតគិតថ្លៃ៍ គឺមានផ្ដល់ជូនលោកអ្នក។ សូមទូរស័ព្ទទៅកាន់លេខ 1-877-605-3229 (TTY: 711)

HUBACHIISA: Yoo afaan Kshtik kan dubbattan ta'e tajaajiloonni gargaarsaa isiniif jira 1-877-605-3229 (TTY:711) tiin bilbilaa.

ไปรดทราบ: หากคุณพูดภาษา ไทย คุณสามารถใช้บริการ ช่วยเหลือด้านภาษาได้ฟรี

ไทร์ 1-877-605-3229 (TTY: 711)

FA'AUTAGIA: Afai e te tautala i le gagana Samoa, o loo avanoa fesoasoani tau gagana mo oe e le totogia. Vala'au i le 1-877-605-3229 (TTY: 711)

IPANGAG: Nu agsasaoka iti Ilocano, sidadaan ti tulong iti lengguahe para kenka nga awan bayadna. Umawag iti 1-877-605-3229 (TTY: 711)

UWAGA: Dla osób mówiących po polsku dostępna jest bezpłatna pomoc językowa. Zadzwoń: 1-877-605-3229 (obsługa TTY: 711)





Medicare Supplement
Small group
Large group

Questions? We're here to help.

Contact a Moda Health agent or call us at 855-718-1767. TTY users, please call 711.

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Health plans provided by Moda Health Plan, Inc.