

Get an estimate of your costs and compare providers before your next office visit or procedure.



INFORMATION FOR BETTER HEALTH

Knowing your options can help you make better decisions about your healthcare. ODS makes it easier than ever to get an estimate of what you'll pay for your next office visit, diagnostic test or other common procedures with our online Treatment Cost Navigator.

PERSONALIZED ESTIMATES

The Treatment Cost Navigator offers a quick, easy way to get useful information about common treatments, including the following:

- > The costs associated with a specific treatment
- > The portion of costs covered by your plan
- > Your out-of-pocket cost, based on your specific benefits

COMPARISON SHOP

In addition, our Treatment Cost Navigator lets you compare costs, side-by-side, among different providers. You can also search by provider or procedure within a certain mile radius, or search providers by language, gender, network status or specialty.

Summary	Treatment Info	Service Detail		
Click a term to hide and show its definition. See definitions of all terms				
			In-Network	Out-of-Network
Charges			\$2,047.42	\$2,047.42
Provider Discount or Patient Responsibility			\$1,060.42	\$0.00
Paid Am	ount		\$789.60	\$1,137.85
Patient	Responsibility	<u>Details</u>	\$197.40	\$909.57
Patient	Balance		\$197.40	\$909.57

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Insurance products in Oregon provided by ODS Health Plan, Inc. Health plans in Washington provided by ODS Health Plan, Inc.

EASY ACCESS 24/7

To access Treatment Cost Navigator, you'll need to log in to myODS, your personalized member website, at www.odscompanies.com. Once you've signed in, simply click on Treatment Cost Navigator in the myHealth tab. If you don't already have a myODS account, creating an account is easy. Visit www.odscompanies.com and click on Create a new account in the myODS login box. With your ODS member ID card handy, follow the instructions to complete your registration information.

Manage your benefits and access helpful tools and resources by logging on to myODS at www.odscompanies.com. For more information, please call 503-948-5548, toll-free 877-277-7281 (TTY users, please dial 711).