

2022 Moda Health Medicare Supplement plan – *PHIP*





*Welcome to Moda Health,
the place you go when
you want more than a
health plan – because
better health is about
so much more than
just the plan details.*



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Medical plan

A partnership you can **trust**

For nearly 30 years, Moda Health has been offering Medicare Supplement plans to PERS members. Founded in 1955 and based in Oregon, we're proud to provide members with enhanced benefits that go beyond what Original Medicare covers.

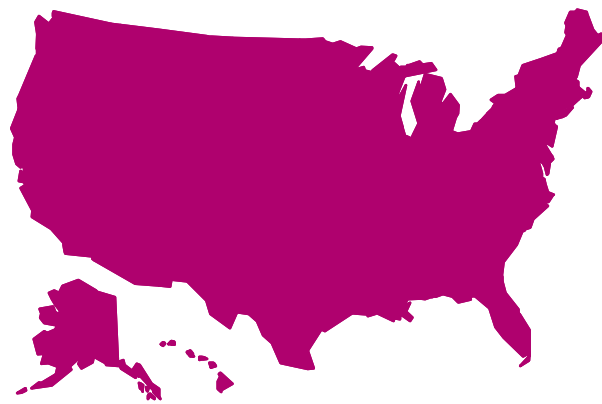
Moda Health has a long tradition of flexibility and responsive service. In that spirit, our Moda Health Medicare Supplement plan offered through PHIP gives you the choice and service you deserve. This plan is affordable, easy to understand and administered by experienced healthcare professionals.

Travel with peace of mind

Our Medicare Supplement plan ensures your coverage is with you when you travel anywhere in the United States. We allow you to choose any Medicare-approved physician throughout the country. By selecting the Moda Health Medicare Supplement plan, you can feel secure that where Medicare coverage ends, your supplement plan coverage begins.

How do I find a provider?

Visit [Medicare.gov](https://www.Medicare.gov) to find Medicare providers in your area.



Nationwide coverage

With the Moda Health Medicare Supplement plan, you may see Medicare providers anywhere in the U.S. and U.S. territories.



Explore Medicare Supplement coverage

Why should I have a supplement plan?

Medicare is your primary source for medical and hospital insurance. When you choose the Moda Health Medicare Supplement plan, you get enhanced benefits that go beyond what Medicare covers.

Original Medicare is your primary insurance:



Part A (hospital insurance)



Part B (medical insurance)



Moda Health Medicare Supplement gives you **enhanced benefits**:



No copays or coinsurance*

Flexibility to see any Medicare provider nationwide

No referrals required





Medicare pays 80%,
Moda pays 20%
for Medicare-covered services*

Includes additional value-added services and discounts

No Primary Care Physician (PCP) requirements

*For full benefit details and limitations, visit modahealth.com/pers



Moda Health Medicare Supplement plan

|  Medicare Part A | | |  You pay |
|---|---|--|--|
| | Medicare pays | Plan pays | |
| Hospitalization¹ | | | |
| <i>Semi-private room and board, general nursing and miscellaneous services and supplies</i> | | | |
| First 60 days | All but \$1,556 | \$1,556 (Part A deductible) | \$0 |
| 61st through 90th day | All but \$389 per day | \$389 per day | \$0 |
| 91st day and after: While using 60 lifetime reserve days | All but \$778 per day | \$778 per day | \$0 |
| Once lifetime reserve days are used: | | | |
| Additional 365 days | \$0 | 100% of Medicare-eligible expenses | \$0 ² |
| Beyond the additional 365 days | \$0 | \$0 | All costs |
| Skilled nursing facility care¹ | | | |
| <i>You must meet Medicare's requirements, including three inpatient hospital days, prior to entering a Medicare-approved skilled nursing facility within 30 days of hospital stay</i> | | | |
| First 20 days | All approved amounts | \$0 | \$0 |
| 21st through 100th day | All but \$194.50 per day | Up to \$194.50 per day | \$0 |
| 101st day and after | \$0 | \$0 | All costs |
| Blood | | | |
| First three pints | \$0 | 100% | \$0 |
| Additional amounts | 100% | \$0 | \$0 |
| Hospice care | | | |
| <i>Available as long as your doctor certifies you are terminally ill and you elect to receive these services</i> | | | |
| | All but limited coinsurance for outpatient drugs and inpatient respite care | Up to \$5 per outpatient prescription for pain and symptom management; 5% of the Medicare approved amount for inpatient respite care | \$0 |



¹ A benefit period begins on the first day you receive services as an inpatient in a hospital and ends after you have been out of the hospital and have not received skilled care in any other facility for 60 days in a row.

² Notice: When your Medicare Part A hospital benefits are exhausted, the insurer stands in place of Medicare and will pay whatever amount Medicare would have paid up to an additional 365 days as provided in the policy's "core benefits." During this time, the hospital is prohibited from billing you for the balance based on any difference between its billed charges and the amount Medicare would have paid.

Moda Health Medicare Supplement plan (continued)



|  Medicare Part B | Medicare pays | Plan pays |  You pay |
|---|----------------------|------------------|---|
| Part B deductible | \$0 | \$0 | \$233 |
| After Part B deductible has been met | | | |
| Medical expenses <i>In or out of the hospital and outpatient hospital treatment, such as physician's services, inpatient and outpatient medical and surgical services and supplies, physical and speech therapy, diagnostic tests and durable medical equipment</i> | | | |
| Remainder of Medicare-approved amounts | 80% | 20% | \$0 |
| Part B excess charges (above Medicare approved amounts) | \$0 | 100% | \$0 |
| Blood | | | |
| First three pints | \$0 | 100% | \$0 |
| Additional amounts | 80% | 20% | \$0 |
| Clinical laboratory services – blood tests | | | |
| For diagnostic services | 100% | \$0 | \$0 |

Moda Health Medicare Supplement plan (continued)

|  Medicare Parts A and B | Medicare pays | Plan pays |  You pay |
|--|------------------------------------|------------------------------------|---|
| Home healthcare Medicare-approved services | | | |
| Medically necessary skilled-care services and medical supplies | 100% | \$0 | \$0 |
| Durable medical equipment | | | |
| Remainder of Medicare-approved amounts | 80% after Part B deductible is met | 20% after Part B deductible is met | \$0 after Part B deductible is met |



Moda Health Medicare Supplement plan (continued)

|  Emergency and travel benefits | Medicare pays | Plan pays |  You pay |
|--|--|-----------|--|
| | After the Part B deductible has been met | | |
| Anywhere in the United States | | | |
| Urgent care | 80% | 20% | \$0 |
| Emergency room | 80% | 20% | \$0 |
| Ambulance – ground or air | 80% | 20% | \$0 |
| Outside the United States coverage limited to \$50,000 per member (lifetime) | | | |
| Urgent care | 0% | 80% | 20% |
| Emergency room | 0% | 80% | 20% |
| Ambulance – ground or air | 0% | 80% | 20% |

| Hearing benefits through TruHearing | | |
|-------------------------------------|---|--|
| Services | Cost sharing | Details |
| Hearing aid exam | \$0 copayment | One per year |
| Hearing aids | \$399 copayment per aid for TruHearing Advanced Hearing Aids \$699 copayment per aid for TruHearing Premium Hearing Aids | Two TruHearing Advanced or Premium hearing aids every year (one per ear) |

Hearing benefits offered through TruHearing include \$399 and \$699 hearing aid options, and one routine hearing exam from a TruHearing provider (per calendar year) with a \$45 copay. A rechargeable model option is also available at no additional cost.

Coverage also includes a worry-free purchase with a 60-day trial and 3-year warranty. You can find more information in your Member Handbook, or by calling TruHearing at 833-718-5798.

Vision benefits through VSP

| Services | Cost sharing |
|--|---|
| Well Vision Exam One exam per calendar year | VSP Advantage network \$15 copayment Out-of-network Up to \$45 reimbursement of the exam cost |
| Lenses, lens enhancements, frames | VSP Advantage network Up to \$200 allowance every 2 calendar years. A 20% discount is applied prior to the allowance Out-of-network Up to \$200 reimbursement every 2 calendar years |
| Contacts Contacts and contact lens exam (fitting and evaluation) | VSP Advantage network Up to \$200 allowance every 2 calendar years. A 15% discount off the contact lens exam is applied prior to the allowance Out-of-network Up to \$200 reimbursement every 2 calendar years |

Access to high-quality eye care and eyewear is through VSP Vision Care. The plan covers vision exams and corrective lenses and frames.

You can find more information in your Member Handbook, or by calling VSP at 800-877-7195.

This policy may not fully cover all of your medical costs. Neither Moda Health nor its agents are connected with Medicare. This does not give all of the details about Medicare coverage. For a complete description of Medicare benefits, contact your local Social Security office, or refer to the “Medicare & You 2022” handbook online at medicare.gov or by calling 800-633-4227.

This is a benefit summary only. For a more detailed description of benefits, please refer to your Member Handbook, which you can access through modahealth.com/pers.

Value-added services and *discounts*

Gym membership

Enjoy gym membership and wellness resources from Silver&Fit®. This benefit includes:

- Access to a participating fitness center at no cost.
- 8,000 on-demand videos through the Silverandfit.com website and mobile app digital library, including the Silver&Fit Signature Series Classes.
- Your choice of one Home Fitness kit and up to two additional DVD kit options per plan year.
- Healthy Aging classes that you can take four times a year (available on DVD and online).
- Daily workout classes on Facebook Live and the Silver&Fit YouTube channel at: www.facebook.com/SilverandFit www.youtube.com/SilverandFit.
- Healthy Aging Coaching sessions by telephone with a trained coach where you can discuss topics like exercise, nutrition, social isolation, and brain health.
- Premium Fitness Network option, which includes additional fitness center and studio choices and unique experiences like swimming centers, rock climbing gyms, and rowing centers, each with a buy-up price.

Your fitness center must be participating in Silver&Fit for this benefit to apply. To learn more, visit silverandfit.com or call 877-427-4788.

Health and wellness services from ChooseHealthy™

- Discounts of up to 55% on popular health and fitness brands, including Garmin®, Vitamix®, PRO Compression® and Fitbit®
- Savings of up to 25% on services including acupuncture, chiropractic, physical therapy, therapeutic massage, occupational therapy, nutrition and podiatry. You will need to see providers who are in the ChooseHealthy network.
- Access to no-cost online health classes

To access these services, log in to your Member Dashboard account at modahealth.com/pers or call 877-335-2746 to learn more.

Travel Assist

Receive travel assistance when more than 100 miles from home, through Assist America. You can call Assist America for emergency medical assistance and much more, including:


- Medical consultations
- Foreign hospital admission help
- Prescription assistance

Learn more at assistamerica.com, or contact Assist America at 800-304-4585.

Part D Pharmacy *benefits*

Moda Health Part D pharmacy plan is rated 5 out of 5 Stars for quality and service for 2022*. Medicare evaluates plans based on a 5-Star rating system every year. When you choose the Moda Health Medicare Supplement plan, you also get a Part D pharmacy plan that has received Medicare's highest possible rating. We have over 58,000 participating pharmacies nationwide, giving you a vast number of pharmacies to choose from.

Did you know you can obtain up to a 93-day supply of Tier 1 or Tier 2 medications through our mail order program for only 2x's the copay, instead of 3x's at your retail pharmacy? Call us toll free at 888-786-7509 for more information. We're here to help.

|  | You pay | | | |
|--|--------------------------------|--------------------------------|-----------------------|--------------------|
| | 1-31 day supply | 32-62 day supply | 63-93 day supply | |
| | Retail pharmacy and mail order | Retail pharmacy and mail order | Retail pharmacy | Mail order |
| Tier 1 Preferred generics | Up to an \$8 copay | Up to a \$16 copay | Up to a \$24 copay | Up to a \$16 copay |
| Tier 2 Generics | Up to a \$15 copay | Up to a \$30 copay | Up to a \$45 copay | Up to a \$30 copay |
| Tier 3 Preferred brands | 40% up to a \$250 max | 40% up to a \$500 max | 40% up to a \$750 max | |
| Tier 4 Non-preferred brand | 40% up to a \$250 max | 40% up to a \$500 max | 40% up to a \$750 max | |
| Tier 5 Specialty | 40% up to a \$250 max | NA | NA | |
| Tier 6 Part D covered vaccines | \$0 | NA | NA | |

For 2022, the calendar year out-of-pocket maximum for the Part D prescription drug benefit is \$7,050 per member.

To learn more, access our formulary at modahealth.com/pers/pharmacy



Member care resources

Tools for your *health journey*

All of our plans come with programs, care teams, tools and resources designed to help you manage your well-being. Using your Member Dashboard, you can locate a pharmacy near you, get medical advice from health professionals, work with health coaches, compare medication prices, view your explanation of benefits and more.

Once you are a active member, use these care resources to help you be your healthy best! Simply log in to your Member Dashboard at modahealth.com/memberdashboard to get started.



Prescription price check

See prescription medication costs and how much you would pay by medication tier at an in-network pharmacy.

You can also compare pricing estimates from various in-network pharmacies and see generic and lower-cost options to discuss with your doctor.



Care coordination and case management

When you're sick, need hospitalization or surgery, or are seriously injured, we'll give you support – so you can focus on healing. We can help you:

- Understand and utilize all of your benefits
- Navigate the healthcare system
- Communicate with your providers
- Arrange care ordered by your provider
- Find community resources



Nurse advice line

Need quick advice? You can use our Nurse Advice Line to talk with a registered nurse about any health matter, 24/7, 365 days a year at no cost. The nurse will give you advice about treatment, which may include a home remedy or seeking out other care.

Please call 800-501-5046 to talk with a registered nurse. TTY users, dial 711. Your call will always be confidential.



Health coaching

Need a hand with your health? Our health coaches use evidence-based practices to help you set goals and feel your best. Our care programs include:

- Cardiac care
- Depression care
- Diabetes care
- Kidney care
- Lifestyle coaching
- Women's health & maternity care
- Respiratory care
- Spine & joint care
- Weight care

Healthcare lingo *explained*

We realize that health plans can be confusing, so we've made a glossary to help you understand some healthcare lingo.

Coinsurance

The percentage members normally pay for a covered healthcare service after they meet their deductible. With the Moda Health Medicare Supplement plan, once your Part B deductible is met, Medicare pays 80% coinsurance for Medicare covered services, and the plan pays the remaining 20% coinsurance.

Copay (copayment)

The fixed amount members pay for a specific covered healthcare service, product or treatment, usually at the time of receiving it.

Deductible

The amount members pay in a calendar year for care before the plan starts paying.

Formulary

A list of covered prescription drugs, including generic and brand-name.

Medicare Part A deductible

The amount normally due from a member upon first admission to a hospital in each benefit period, before benefits are available under Part A of Medicare.

Medicare Part B deductible

The amount a member must pay each calendar year before Medicare pays benefits for Medicare Part B expenses.

Member Handbook

Describes what is covered and how your plan works.



Nondiscrimination notice

We follow federal civil rights laws. We do not discriminate based on race, color, national origin, age, disability, gender identity, sex or sexual orientation.

We provide free services to people with disabilities so that they can communicate with us. These include sign language interpreters and other forms of communication.

If your first language is not English, we will give you free interpretation services and/or materials in other languages.

If you need any of the above, call the following numbers (depending on the coverage you have):

Medicare Customer Service,
800-962-1533

Pharmacy Customer Service,
888-786-7509

Dental Customer Service,
844-827-7379

If you think we did not offer these services or discriminated, you can file a written complaint. Please mail or fax it to:

Moda Health Plan, Inc.
Attention: Appeal Unit
601 SW Second Ave.
Portland, OR 97204
Fax: 503-412-4003

Dave Nessler-Cass coordinates our nondiscrimination work:

Dave Nessler-Cass,
Chief Compliance Officer
601 SW Second Ave.
Portland, OR 97204
855-232-9111
compliance@modahealth.com

Moda Health Plan, Inc. is a PPO and PDP with Medicare contracts. Enrollment in Moda Health Plan, Inc. depends on contract renewal. 1604 (07/21)

If you need help filing a complaint, please call Customer Service.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services Office for Civil Rights at ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone:

U.S. Department of Health and Human Services
200 Independence Ave. SW, Room 509F
HHH Building, Washington, DC 20201
800-368-1019, 800-537-7697 (TDD)

You can get Office for Civil Rights complaint forms at hhs.gov/ocr/office/file/index.html.

ATENCIÓN: Si habla español, hay disponibles servicios de ayuda con el idioma sin costo alguno para usted. Llame al 888-786-7509 (TTY: 711).

CHÚ Ý: Nếu bạn nói tiếng Việt, có dịch vụ hỗ trợ ngôn ngữ miễn phí cho bạn. Gọi 888-786-7509 (TTY:711)

注意：如果您說中文，可得到免費語言幫助服務。請致電888-786-7509（聾啞人專用：711）

주의: 한국어로 무료 언어 지원 서비스를 이용하시려면 다음 연락처로 연락해주시기 바랍니다. 전화 888-786-7509 (TTY: 711)

PAUNAWA: Kung nagsasalita ka ng Tagalog, ang mga serbisyong tulong sa wika, ay walang bayad, at magagamit mo. Tumawag sa numerong 888-786-7509 (TTY: 711)

تنبيه: إذا كنت تتحدث العربية، فهناك خدمات مساعدة لغوية متاحة لك مجانًا. اتصل برقم (الهاتف النصي: 711) 888-786-7509

بولتے ہیں تو (URDU) توجہ دیں: اگر آپ اردو سانی اعانت آ کے لیے بلا معاوضہ دستیاب پر کال کریں (TTY: 711) 888-786-7509 ہے۔

ВНИМАНИЕ! Если Вы говорите по-русски, воспользуйтесь бесплатной языковой поддержкой. Позвоните по тел. 888-786-7509 (текстовый телефон: 711).

ATTENTION : si vous êtes locuteurs francophones, le service d'assistance linguistique gratuit est disponible. Appelez au 888-786-7509 (TTY : 711)

توجہ: در صورتی کہ بہ فارسی صحبت می کنید، خدمات ترجمہ بہ صورت رایگان برای شما موجود است. با (TTY: 711) 888-786-7509 تماس بگیرید.

ध्यान दें: यदि आप हिंदी बोलते हैं, तो आपको भाषाई सहायता बिना कोई पैसा दिए उपलब्ध है। 888-786-7509 पर कॉल करें (TTY: 711)

Achtung: Falls Sie Deutsch sprechen, stehen Ihnen kostenlos Sprachassistentendienste zur Verfügung. Rufen sie 888-786-7509 (TTY: 711)

注意:日本語をご希望の方には、日本語サービスを無料で提供しております。888-786-7509 (TTY、テレタイプライターをご利用の方は711)までお電話ください。

અગત્યનું: જો તમે (ભાષાંતર કરેલ ભાષા અહીં દર્શાવે) બોલો છો તો તે ભાષામાં તમારે માટે વિના મૂલ્યે સહાય ઉપલબ્ધ છે. 888-786-7509 (TTY: 711) પર કૉલ કરો

ໂປດຊາບ: ຖ້າທ່ານເວົ້າພາສາລາວ, ການຊ່ວຍເຫຼືອດ້ານພາສາແມ່ນມີໃຫ້ທ່ານໂດຍບໍ່ເສັຍຄ່າ. ໂທ 888-786-7509 (TTY: 711)

УВАГА! Якщо ви говорите українською, для вас доступні безкоштовні консультації рідною мовою. Зателефонуйте 888-786-7509 (TTY: 711)

ATENȚIE: Dacă vorbiți limba română, vă punem la dispoziție serviciul de asistență lingvistică în mod gratuit. Sunați la 888-786-7509 (TTY 711)

THOV CEEB TOOM: Yog hais tias koj hais lus Hmoob, muaj cov kev pab cuam txhais lus, pub dawb rau koj. Hu rau 888-786-7509 (TTY: 711)

ត្រូវចងចាំ: បើអ្នកនិយាយភាសាខ្មែរ ហើយត្រូវការសេវាកម្មជំនួយផ្នែកភាសាដោយឥតគិតថ្លៃ គឺមានផ្តល់ជូនលោកអ្នក។ សូមទូរស័ព្ទទៅកាន់លេខ 888-786-7509 (TTY: 711)

HUBACHIISA: Yoo afaan Kshtik kan dubbattan ta'e tajaajiloonni gargaarsaa isiniif jira 888-786-7509 (TTY:711) tiin bilbilaa.

โปรดทราบ: หากคุณพูดภาษาไทย คุณสามารถใช้บริการช่วยเหลือด้านภาษาได้ฟรี โทร 888-786-7509 (TTY: 711)

FA'AUTAGIA: Afai e te tautala i le gagana Samoa, o loo avanoa fesoasoani tau gagana mo oe e le togotia. Vala'au i le 888-786-7509 (TTY: 711)

IPANGAG: Nu agsasaoka iti Ilocano, sidadaan ti tulong iti lengguage para kenka nga awan bayadna. Umawag iti 888-786-7509 (TTY: 711)

UWAGA: Dla osób mówiących po polsku dostępna jest bezpłatna pomoc językowa. Zadzwoń: 888-786-7509 (obsługa TTY: 711)



modahealth.com/pers

1604 (07/21)



Questions? *We're here to help.*

Medical questions for the Moda Health Medicare Supplement plan:

Toll-free: 800-962-1533 | (TTY): 711

Customer service is available from 7:30 a.m. to 5:30 p.m. Pacific Time, Monday through Friday. Calls are forwarded to voicemail on Saturdays, Sundays and holidays and are returned the next business day.

Moda Health Pharmacy Program:

Toll-free: 888-786-7509 | (TTY): 711

Pharmacy customer service is available from 7:00 a.m. to 8:00 p.m. Pacific Time, seven days a week from October 1 to March 31. After March 31, calls are forwarded to voicemail on Saturdays, Sundays and holidays and are returned the next business day.

PERS Health Insurance Program (PHIP):

In Portland: 503-224-7377

Toll-free: 800-768-7377 | (TTY): 711

Customer service is available from 7:30 a.m. to 5:30 pm, Monday through Friday. Calls are forwarded to voicemail on Saturdays, Sundays and holidays and are returned the next business day.

Learn more at modahealth.com/pers



These benefits and Moda Health policies are subject to change in order to be compliant with state and federal guidelines. Health plans provided by Moda Health Plan, Inc.