

Provider Guide for Birth Doula Benefit for PEBB Moda members

Moda Health will reimburse up to the Oregon Health Authority (OHA) Medicaid Reimbursement Amount for Birth Doula services when the services are provided by a Traditional Health Worker Doula also enrolled with the OHA as an Oregon Medicaid Provider. This benefit is only eligible for members who are enrolled in medical benefits through the Public Employees Benefit Board (PEBB). This benefit does not apply to other commercial plans.

This benefit becomes effective for PEBB members on 1/1/2025.

The role of birth doulas

A birth companion who provides personal, non-medical support to birthing people and their families throughout the pregnancy, childbirth and postpartum experience.

Covered services

- A total of eight (8) visits with a doula; it's recommended to divide services between prenatal and postnatal visits
- Support for members at the day of the birth/delivery

Covered doulas must be state-certified and be enrolled with the OHA as an OHP (Oregon Medicaid) provider. Moda will only reimburse claims submitted by a provider with an Oregon Medicaid ID. If a doula does not have an Oregon Medicaid ID when submitting the claim, they can obtain one and then resubmit the claims for reimbursement.

Non-covered services

- Moda will not reimburse for more than eight (8) visits with a birth doula (total combined prenatal and postpartum)
- Death doula services: Doula support after a loss is not covered.

Billing and coding

Services should be billed using the professional claim format using the codes listed below.

Documentation requirement

Birth doula providers shall document services provided for each encounter. The birth doula's record shall include the dates of service, a brief description of education or services provided, assessment of any client or member needs beyond routine care, and any referrals made. The goal of documentation is to verify services were provided and facilitate communication with other members of the birthing team.

Global doula benefit

The global bundle benefit includes four (4) support visits and doula support provided during the delivery. The maternity support visits can be at the mother's home, or as part of a member's office visit.

- Bill only once per pregnancy
- Bill after the day of delivery

Code	Modifier	Description	Rate
T1033	HD	Global doula benefit with support at delivery	\$1,505

Moda will pay for up to eight (8) total support visits. To bill for support visits in addition to the visits included in the global doula benefit, or to bill for partial services when a doula provides some, but not all, services included in the global doula benefit, please use the code below.

Code	Modifier	Description	Rate
T1033		Support visits up to eight (8) visits with a doula for individual visits or additional four (4) visits with global billing	\$215

Moda will pay for partial services when a doula provides some, but not all, services included in the global doula benefit. To bill for labor and delivery support, please bill the code below.

Code	Modifier	Description	Rate
T1033	22	Doula services day of delivery only	\$645

Questions?

Please contact the Moda 360 Health Navigator team for PEBB members:

Call 844-776-1593 or email PEBBcustomerservice@modahealth.com